

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

Breakfast
Bagel w/ Cream Cheese
Daily Fruit

Lunch
Swedish Meatballs (b)
w/ Rice
Vegetable of the Day
Fruit

3

Breakfast
Sausage Breakfast Pizza (t)
Fruit & Juice

Lunch
Beef Nachos
w/ Cheese Sauce
Black Beans
Fruit

4

Breakfast
French Toast Sticks
Daily Fruit

Lunch
Teriyaki Burger (b)
Daily Vegetable
Assorted Fruit

5

Breakfast
Pork Sausage
w/ Rice
Fruit & Juice

Lunch
Breaded Chicken Sandwich
Daily Vegetable
Fruit

6

Breakfast
Assorted Muffin
Fruit

Lunch
Cheese Pizza
Daily Vegetable
Fruit

Lunch Includes your CHOICE of Fruit or Vegetable (or both)

9

Breakfast
Benefit Bar
Fruit

Lunch
Cheese Burger (b)
Daily Vegetable
Assorted Fruit

10

Breakfast
Biscuit Sandwich
w/ Bacon (p) & Egg
Fruit & Juice

Lunch
Pork Tacos
Pinto Beans
Daily Fruit

11

Breakfast
Yogurt
Toast w/ Jelly
Fruit

Lunch
Chicken Nuggets
W/ Rice
Daily Vegetable
Fruit

12

Breakfast
Cold Cereal
Fruit & Juice

Lunch
Bistek w/ Rice (b)
Daily Vegetable
Fruit

13

Breakfast
Cheese Omelet
w/ Rice
Fruit

Lunch
Fish Sandwich
Daily Vegetable
Fruit

Our Menus follow USDA guidelines for school nutrition serving a variety of whole grains weekly

16

Breakfast
Bagel w/ Cream Cheese
Fruit

Lunch
Chili Dog (b)
Daily Vegetable
Fruit

17

Breakfast
Biscuit Sandwich
w/ Pork Sausage & Cheese
Fruit & Juice

Lunch
Beef Tacos
Black Beans
Daily Fruit

18

Breakfast
Breakfast Pizza (t)
Fruit

Lunch
Orange Chicken
Rice
Daily Vegetable
fruit

19

Breakfast
Mini Pancakes
Fruit & Juice

Lunch
Eggless Loco Moco (b)
w/ Rice
Daily Vegetable
Fruit

20

Breakfast
Yogurt
Graham Crackers
Fruit

Lunch
Pepperoni Pizza (p)
Daily Vegetable
Fruit

Meat is identified by the following (p) pork, (b) beef, and (t) turkey

23

Breakfast
Stuffed Bagel
Fruit

Lunch
Chicken Ala King
w/ Rice
Daily Vegetable
Fruit

24

Breakfast
Breakfast on a Stick (t)
Fruit & Juice

Lunch
Pork Nachos
w/ Cheese Sauce
Pinto Beans
Fruit of the Day

25

Breakfast
Fried Rice w/ Ham & Egg (p)
Fruit

Lunch
BBQ Pork Sandwich
Daily Vegetable
Fruit

26

Breakfast
Cereal Bar
Fruit & Juice

Lunch
Chicken Drumstick
with Red Rice
Daily Vegetable
Assorted Fruit

27

Breakfast
Waffles
w/ Syrup
Fruit

Lunch
Cheesy Breadsticks
w/ Marinara
Daily Vegetable
Assorted Fruit

Milk is OPTIONAL at Lunch time Only (required at breakfast)

30

No School
Parent Teacher
Conferences

31

Breakfast
Sausage Breakfast Pizza (t)
Fruit & Juice

Lunch:
Beef Nachos
w/ Cheese Sauce
Black Beans
Fruit



Menus are subject to change due to product availability

This institution is an equal opportunity provider.

9.25.23

